

Rathkeale Newsletter

www.rathkealeonline.ie rathkealenewsletter@gmail.com

Tel No: 086-2381780

Issue 101

17th February 2012

WEEKLY NEWSLETTER

Have you something to advertise or tell the community, then you can email: rathkealenewsletter@gmail.com, call 086-2381780 or drop a note into Wilmott's Newsagent on Thomas Street, on or before Tuesday evening of each week.

Inside this issue:

- Pg1** Community Council Notes
- Pg3** West Limerick
- Pg3** Athletics St.Mary's AC
- Pg4** Community Notes
- Pg5** Boxing News
- Pg6** GAA
- Pg8** Community Games

RATHKEALE SECURES POSITION ON WEST LIMERICK RESOURCES BOARD.

Rathkeale Community Council would like to congratulate Caroline Sheahan, Courtmatrix Rathkeale on her appointment to the Board of West Limerick Resources. Caroline is very involved and dedicated to Rathkeale community and we expect she will be very successful in her new post.

COMMUNITY COUNCIL NOTES

www.rathkealeonline.ie rathkealenewsletter@gmail.com
rathkealecommunitycouncil@gmail.com

St Patricks Day Parade 2012

17th March at 12.30pm Sharp

If you would like to help on the day, enter the parade or join the committee please call the Community Office on 086-2381780 or 087-2755735 for further information. Or contact one of the following committee members: Alison O'Riordan, Cathryn Smullen, Yvonne Mulcaire, Katie Sheehy, Noreen Hogan, Valerie O'Riordan, Tom Enright, Jason Dowling, Sian Wilmot, Anne Gaughan

All are welcome and it's free to participate, but you must register prior to the parade.



Foras Aiseanna Saothair
Training & Employment Authority

Celebrating his birthday this week Pat Naughton congratulations from all your colleges on Community Employment Scheme.

Wedding Celebrations congratulations to Rachel Dowling & Martin Doherty who celebrated their marriage on Friday 17th good luck for the future from all the staff on Rathkeale Community CE Project



€1,300 JACKPOT!

Usual Bingo Thursday Next, 23rd February with
On 49 calls or less.

Lotto is worth **€1325**

ZERO GAME is worth **€225**

We will also have the usual raffle, 1st game 8.30pm sharp.

Results 16th February

€35 Winners: Moira Donovan, Mrs Croin, Mrs Geleson.

€40 Winners: Dave Kennelly.

€60 Winners: Shanon Heath.

€70 Winners: Mrs Lee, Mrs Power, Mrs O Connor, Mrs McCoy, Kevin Gallagher, Bride Mulcair, Mrs Dinneen.

€105 Winner: Mrs Moloney.

€130 Winner: Bridget Lynch

€140 Winner: Peggy Gleeson

€200 Winner: Pat Malanaux

RATHKEALE COMMUNITY COUNCIL CHILDREN'S CORNER (RKCCCC)

Result of Valentines Day Card Competition

We got over a hundred entries for our February competition. All were excellent and it shows that the love and appreciation you all have for your Mamas & Dads. After much deliberation we reduced them down to five finalists. Any one of these deserved to win but as always in a competition there can only be one winner. The best card of all was that of Ellen Lynch aged 9 from St Anne's Primary School Rathkeale. Highly Commended was Emma Dalton, Patrice Herarty, Leia Wilmot, Hannah Moran. Well done and I hope you have a great time when you and your pals visit Bloomers Restaurant.

The New Competition

For March it is another Card this time it is for St Patricks Day.

You do not need heavy card; we will accept a page from your school copy. It must have your name, age, school and it must be signed by your teacher. The box for your entries will be in Wilmott's newsagents in Thomas Street.

We will also accept postal entries.

The prize is an after school lunch for the winner and three of your friends at Bloomers Restaurant in Rathkeale.

The closing date for the St Patricks Day Card is March 12th This time the winner will be presented with the prize on the review stand during the St Patrick's Day Parade.

Congratulations to all the winners from Rathkeale who won medals in the Munster indoor relays in Nenagh last weekend.

The under 11 won the gold for the third time in a row. The under 12 won gold in 4x100m. The under 12 won bronze and the under 15 won the 4x200m. There were several other medal winners so it all it was a great weekend for the club.

Sophie Meredith took part in the girls U12 Multi-events (Long Jump, High Jump Shot & 800m) and took the gold beating girls from all over Munster by a huge margin. Thank to coaches Kathleen & Yvonne and all the great people behind the scenes who train these athletics. Roll on the All Ireland in April again well done and you all have done your club and town so well.

This Tuesday is Pancake Day so everybody will have to help mammy to prepare the batter and flip the pancakes in the air eggs are a great source of nourishment. The reason we have pancake Tuesday was that long ago people had a little party before lent started next day ash Wednesday. Once lent started people fasted and prayed in preparation for Easter.



A busy week for the little bird who tells us that Joshua is 9, Tom is 4, David is 3, Megan is 3 & Sharleae is 5.

Puzzle

What 3 Letter word spells a number the same way in English & French?

What 5 letter word would you see in a Blacksmith forge?

What 7 letter word spells an item that everybody has in their mobile phone?

Bye for now.

Rathkeale Community Council 45 Drive - Card Results



Results for 8th February

1st Prize Sean McElligott & John Dolan, Willie Keating & Magdaline Casey.

Table Prize: John Wall & Mike Kearns, Benjie McGrath & Sheamus O Sullivan.

Raffle: Irene Donovan, Marie Wrenn, Masie Griffin, Anthony McMahon, Benjie McGrath,

Come along; join in, new players welcome

**Every Wednesday @ 9pm in
Rathkeale Community Centre**

CINDERELLA



ON SALE FOR €15

AT THE COMMUNITY OFFICE
DOWNSTAIRS IN THE
COMMUNITY CENTRE RATHKEALE

TEL: 086-2381780 OR 087-1449538 FOR MORE INFO

Bridge Club results



- 1st. Clare Hanratty & Gretta Looney.
- 2nd. Mary McCarthy & Kay Madigan.
- 3rd. Nell Madden & Mary Judge.
- 4th. Brendan Woulfe & Kay Cussen.

Knitting & Sewing Classes

We have received requests to conduct knitting and sewing classes in Rathkeale and are endeavouring to determine the level of interest in these subjects with a view to arranging classes for this spring. If you are interesting in these subjects or if there are other subjects you would like to see offered please contact David Breen of West Limerick Resources in the Community Centre, Rathkeale or phone him at 087-273-9663



SUPPORTS AVAILABLE TO PARENTS:

The Newcastle West Family and Community Hub are hosting a series public talk for parents of children grieving as a result of death or separation. Lead by Psychotherapist/Play Therapist Tina O'Brien, the Monday February 20th talk will begin at 7.30pm and cover activities for children that help them with their grief. The Monday February 27th talk will run from 11am to 12.30pm and is specifically designed for lone parents. Open to West Limerick residents. Contact Theresa on 069 79113 or email tshanahan@wlr.ie.

LIMERICK LIFELONG LEARNING FESTIVAL:

To mark the festival community groups in West Limerick will host a series of events between Monday March 26th and Sunday April 1st. The LLL Festival is organised by the Limerick City of Learning Steering Group, as part of its strategy of making Limerick a City of Learning. Along with West Limerick Resources events in Newcastle West, Tournafulla and Patrickswell, community groups will be organizing events in Abbeyfeale, Glin and Kilmeedy. Details to be announced in the coming weeks.

ADHD WORKSHOPS NCW:

The Newcastle West Family and Community Hub will host a workshop on February 23rd lead by Educational Psychologist, Michael de Villiers who will examine the topic of ADHD/ADD, looking specifically at managing behaviour. Running from 7:30-9pm, it will take place in the Family and Community Hub which is located upstairs in the Newcastle West Community Centre (by the GAA pitch and entrance to Demesne). As a follow on from these workshops a support group in west limerick is now forming for parents. Registration is not necessary. For further information please contact Theresa at West Limerick Resources on 069 79113

CANCER AWARENESS EVENTS:

During the month of February, you can get information on cancer and reducing your risk of cancer in the pharmacies in Abbeyfeale, Askeaton, Rathkeale, Newcastle West and Patrickswell, the beauticians and hair salons in Rathkeale, the health shops in Rathkeale and Abbeyfeale, the Rathkeale Community Information office, Newcastle West Community and Family Hub and West Limerick Resources Abbeyfeale office. Talk to your GP, public health nurse or other health professional if you are concerned about cancer.

GLIN TOURISM & HERITAGE COURSE:

Glin Development Association plans to run a further full-time adult training course at St. Paul's Heritage Centre in Glin in 2012. The full-time FAS funded FETAC course includes modules in Tourism, Heritage, Web Authoring, Business Administration and Computer Studies and will run for 30 weeks. This Local Training Initiative (LTI) programme will be offered free of charge to all participants. Your local FAS office will provide details of training allowances of up to €188 per week plus other benefits that may available. Phone or text 087 629 6439, email glinti@gmail.com or contact a member of Glin Development Association. Supported by West Limerick Resources

ATHLETICS ST.MARY'S A.C

3 MUNSTER RELAY TITLES AND 1 MUNSTER MULTI EVENTS TITLE FOR CLUB

On 11th February the Munster Juvenile Relays U9 to U19 and Multi Events took place in Nenagh Indoor Track. The club had 7 relay teams in action and 1 athlete taking part in the Multievents. Relay teams girls U10, U11, U12, U13 and U15. Boys U10 and U11. Sophie Meredith was our sole athlete taking part in the girls U12 Multievents. In the morning session the even age relays were held. Starting with the girls relay U10 4*100m. The team was Claire Power, Ciara O'Connor, Molly McGrath and Aisling Dalton. These girls ran a great race and won their heat in style. In the final these very young girls ran a great race and finished in 3rd place to take the bronze medals. Next in action were the boys U10. The team was Shane Fitzgerald, Nathan Cremin, Patrick Ambrose and Michael Blashkiv. These young boys ran their best but unfortunately did not qualify for the final. Our next team on the track were the girls U12 4*100m relay. The team was Sophie Meredith, Niamh Foley, Ellen Lynch and Holly Meredith. The sub on the day was Meadhbh Ambrose. These girls ran a great race in their heat and qualified for the semi-final. These girls also won their semi-final. In the final these girls ran a cracker of a race and won their final taken the gold medals in a time of 59.89, Leevale of Cork were 2nd in time of 60.06 and 3rd was Ferrybank of Waterford in a time of 61.66.

In the afternoon session the uneven age relays took place. Our 1st team on the track were the girls U11 4*100m. The team was Holly Meredith, Niamh Foley, Ellen Lynch and Sophie Liston. Sub of the day was Claire Power. These girls ran a great race in the heat finishing in 1st place and qualified for the semi-final. They did the same in the semi-final and qualified for the final. These girls ran their hearts out in the final and finished in 1st place taking the gold medals in a time of 1.01.15. Next on the track were the boys U11 4*100m relay team. Team was Shane Fitzgerald, Nesson Leahy, Daniel Geraghly, Nathan Cremin. These boys ran their best on the day but did not qualify for the final. Next in action were the girls U13 4*100m relay team. Team was Sophie Meredith, Orlaith Leahy, Roisin Ambrose and Cathy Ambrose. The sub of the day was Mary O'Connor. These girls ran a great race in the heat and qualify for the final. In the final these girls gave it their all and finished in 3rd place winning the bronze medals. Our last team in action on the track were the girls U15 4*200m relay. Team was Eadaoin Lyons, Tara Coleman, Sarah Enright and Maeve Power. These girls won their heat in great style and qualify for the final. In the final these girls gave a great performance and finish in 1st place winning the gold medals in a time of 1.52.11, in 2nd were Leevale in a time of 1.53.32 and 3rd were Nenagh Olympic in a time of 1.54.07.

Well done to all the relay teams. This was a fantastic performance with the club winning 3 Munster relay titles, girls U11, U12 and U15, and 2 sets of bronze medals girls U10 and U13. 3 teams now go forward to the all Ireland relays finals on in Nenagh on the 1st April. Best of luck to all 3 teams.

Sophie Meredith took part in the girls U12 Multi-events (Long Jump, High Jump, Shot and 800m). She was the overall winner in this event and received the gold medal. What a fantastic performance from this young athlete. Well done Sophie.

Thanks to coaches Kathleen and Yvonne for all their training and hard work. Thanks also to the parents for travelling on the day. Training on Thursday in the Bog Garden at 6.30pm and also 11am on Sunday morning also in Bog Garden.

Next Events - 25th/26th February Munster Juvenile Indoor Individual championships U9-U13 Nenagh Indoor Track. 3rd/4th March U14-U19 Munster Juvenile Indoor Individual Championship Nenagh Indoor Track.

COMMUNITY NOTES

Reported By Tim Shiels

REFLECTION: - Sin sets us outside the Church community. Jesus comes to bring the leper back by the ritual means prescribed by the Law. The Sacrament of Reconciliation restores the sinner to the community.

PARISH MISSION ADVANCE NOTICE: - Matt Talbot Novena will take place in the Church from 24th Feb - 3rd March. More details later.

EUCHARISTIC CONGRESS: - How about June 11th for a day trip to International Eucharistic Congress!! The bus will leave at 5.30am and return at 10pm. The cost will be E35-E40 which includes admission to the Congress. See notices in the Church for more details.

VISITATION: - If you know of anyone who is sick please inform parish clergy if they would like a visit.

WEDNESDAY CLUB: - Our next meeting is on 15th Feb from 2-5pm at Enniscouch. We provide a social gathering for senior citizens from the Parish and surrounding areas. So come along and have some fun and meet with friends.

BUTTERFLY CLUB: - The A.G.M of The Butterfly Club will be held on 22nd Feb at 8.15pm in Rathkeale House Hotel. All volunteers, parents and family members are invited to attend.

A meeting of the Dromard and District community alert will be held in the Rathkeale House Hotel on 20th Feb at 8pm. For discussion is distribution of security equipment and smoke alarms. Your support would be very much appreciated

Congratulations

Congratulations to Linda "Bidsy" O'Connor-Madigan, who celebrated the Big 40 over the weekend, starting with a party Friday night last and ending on Monday last.

Congratulations to Martina Kenneally who celebrated her birthday on Saturday last.

Congratulations to Orla Harnett, daughter of Noel and Fiona Harnett and Brian Duggan son of Neil and Peggie Duggan who got engaged recently.

Congratulations to Valerie O'Sullivan who celebrated her Big 40 in Kathleen's Bar with family and friends.

Congratulations to Valerie O'Riordan who celebrated her birthday on Tuesday - Valentines Day - with family and friends.

LIMERICK YOUTH SERVICE

We are the members of the H20 Youth Bank Group. It is a group which is part of the Rathkeale Youth Project. We are a youth committee who raise money and receive money from Ulster Bank through the Limerick Youth Service. We distribute this money to youth initiatives around the West Limerick area. At the moment the youth bank group are in the process of organising a number of tasks which the community will be needed to take part in and contribute to. The following are the tasks we will be undertaking over the next couple of months. Giving grants to local youth groups up to E500. Running a fundraising table quiz on the 2nd March for local youth clubs. Doing bag packing over the St.Patrick's day weekend in Rathkeale Eurospar. The Connemara Marathon is being run by Richard Lenihan from Croagh in aid of youth bank. We are hoping to get support from several local businesses. Any help would mean a lot to us. The money received from sponsorship and through other fundraisers such as colours day at school will be put back into the community through youth initiatives. At the moment Ulster Bank will grant us E3000 to give to youth initiatives, but this will only happen if we raise E3000 to match it. As you may or may not know, youth bank has funded many youth projects in the area over the last few years. 2 examples of this are the Rathkeale Boxing Club who received E600 one year and Adare Camogie Club who received E520. We would greatly appreciate any contribution and support to continue this great work for the community. Every year we take on new members from the community to our youth bank and the members are aged 15-18. Applications for youth bank are now available. You can contact our youth worker Sasha Noonan 087-3294304 or Joe Walsh 083-3718793.

Joey Hannon Memorial Run/Fun Walk will take place in Croom on St.Patrick's Day.

Boxing

O'DWYER HAS FIGHT OF THE NIGHT IN ASKEATON

Last Saturday night we had a return clash with Ennis and Cashen Vale boxing clubs in the community hall in Askeaton in what turned out to be a great nights boxing. We had 20 boxers in total on display and each gave a great account of themselves. First through the ropes was young gun Jamie Healy as he took on Willie "big bang Jnr" Casey in which is always a cracking fight between these two lads and as always gave a great exhibition.

Next in was Shane Harty against Patrick O'Brien from Kerry in another cracking little fight.

Next exhibition was a three way contest in which Myles Casey OLOL club Limerick, Liam Donovan Kerry and Jim Mulcaire Rathkeale in what was a great display of boxing by all three young lads, next was Padraig Keane Kerry against Mike McGowan in a great scrap between these two young lads, next exhibition in another 3way was Pat McDonagh of Ennis, Jordan Ahern R/K and Jamie Keane of R/K which all three really entertained the crowd, last exhibition of the day was Andy Burke of Ennis against our own Sean Malone and again both lads boxed very well.

First contest of the night was John Collins of Kerry against our own David Donovan in this boy 1 50kg contest in what was a tough one for Donovan as this was only his second fight in just 2 weeks just falling short with his jab and combos but will only get better and at the end it was a victory for the Kerry man. Next in was Mike Jones of Kerry against Jason Harty in this boy 2 42kg contest in what was a great display of body punching by Harty in which the Kerry man just couldn't handle and gave the ref no choice but to stop the contest in favour of Harty.

Next in was Pat McDonagh of Ennis against Pa McCarthy in this boy 2 42kg contest in a fight that both boys were boxing very well behind their jabs but it was the fitness of McCarthy that proved in the end that he was a worthy winner.

Next in was Davey Keenan against Jamie Harty in this boy 2 42kg contest in another tough one as like his brother before him Jamie was banging well to the body but Keenan was able to soak these up and fought hard every round but it was the sharpness and pressure of Harty that proved in the end why the ref raised his hand.

Next in was Irish champ Conor Doyle of Ennis against Dean McCoy in this boy 3 52kg contest in a fight that McCoy really put it to the champion not caring about his reputation but it was the more experienced Ennis man that got the nod in the end from all three judges.

Next in was Darragh O'Grady against Mike McDonagh of Ennis in this boy 3 54kg contest, with O'Grady not doing enough in the first round and letting the Ennis man dictate the pace of the fight proved that at the end O'Grady left it too late and just very narrowly lost out.

Next in was clash of the national champions in the only girl fight of the night as Ennis's Sally Carrig took on our Nell Fox in this 66kg contest but it was the pressure of Carrig landing the over hand right hand and slipping Fox's jab that proved at the end it was another win for the Ennis club.

Next in was European bronze medallist Keelan Sexton against multi national champion Cormac Long in a cracking fight, rd one saw Long putting the pressure on Sexton throwing fast combos to head and body but Sexton was covering up well and catching Long with counter shots at the end but at the end it was the fitness of the Ennis man that proved the winner as Long has been out of training for a while through injury but no doubt will be back to full fitness very soon.

Next was another clash of champions as these two boys have met so many times its hard to remember how many but they always give a brilliant display of boxing and gave there all but the sharpness of Casey proved that in the end as he was awarded the victory. Next in was fight of the night as Kieran Johnson of Kerry took on William O'Dwyer in this JNR 60kg contest with both boys not taking a backward step and non stop action in all three rounds gave the crowd a real barn stormer of a fight with no lad giving in but there had to be a winner and at the end it was few cleaner shots that O'Dwyer landed that gave him the nod so well done to both lads for a terrific fight.

Next in was Kerry's Brian Wall against Cian O'Shaughnessy in this JNR 75kg in a fight where you not only have to box with your hands but also your brain as in round two O'Shaughnessy got caught with a left hand that rocked him a bit and just made the local boxer lose focus and ended up being picked off with straight lefts and right from the southpaw stance of the Kerry man, name of the game is keep your head calm because if you lose focus you will lose the fight as the opponent cant read you very easily but no doubt Cian will have learned a great deal from this loss and it will prove vital for future fights.

Last fight of the night was our own two boxers Johnny and Micky Harty taking on each other as no show from there opponents and as always both lads gave a great display of how its really done well done boys.

This weekend see's a very busy one as we head to Nenagh as we have ten boxers looking for Munster titles and hopes of making it to Dublin for the coveted gold medal in the nationals a few weeks later so best of luck to all boxers and coaches and we'll have all the updates on this in next weeks notes. We would like to thank Sue as always for the tea and sandwiches and to Jessie and Shauna for there help in the kitchen also and to Councillor Kevin Sheehan for coming and who really enjoyed the night and to all involved to make it a great night.



COACH GAVIN HEALY WITH HIS SON JAMIE AS HE WAS ABOUT TO DO BATTLE WITH WILLIE "BIG BANG JNR" CASEY LAST SATURDAY NIGHT IN ASKEATON



JAMIE HARTY GETTING HIS HAND RAISED BY RATHKEALE REF PETER WILLIAMS IN HIS BOUT AGAINST CATHAL DARCY OF ENNIS



St Mary's/Sean Finns GAA Club

Championship draws made at West Board meeting

At a well-attended meeting of the West Board held in the Devon Inn Hotel last Tuesday night, the draws for the various championships were made. The following will interest our club.

West Junior Hurling Championship draws.

Group-1: Feenagh/Kilmeedy, Askeaton, Monagea, St Kierans, Adare & Templeglantine.

Group-2: Tournafulla, Drom/Broadford, St Marys, Kileedy, Feohanagh & Croagh/Kilfinny.

Two fairly even groups was the consensus of opinion afterwards. With three teams to qualify from both groups, it promises to make a good summer of hurling.

West Intermediate Football Championship

We were drawn to play Cappagh/Kilcornan in the opening round of this competition. An interesting opener for the newly promoted Junior Champions of last year against near neighbours Cappagh/Kilcornan. This is bound to be an attractive encounter. See West Board notes for full Championship draw.

County Intermediate Football League

We kick off the County Intermediate Football League against Mungret on April 14th after receiving a bye for the first round which takes place on March 31st. Cappamore provide the opposition for Round 3 which will be played on April 28th. We play Cloughaun in Round 4 on June 10th with a big match against Gerald Grifins being our remaining group game on July 1st.

County U21 & Minor Fixtures

The Premier U21 Football Championship kicks off with us playing close rivals Newcastle West on October

12th. This is followed by games against Naomh Brid on October 26th, Na Seamroiga on November 2nd and finally Cloughaun on November 9th in the last group game.

In the Premier Minor Football Championship we open with a battle against Bruff on March 18th. In Round 2 St Mary's play Mungret, followed by an encounter with Newcastle West in Round 3. Ballybrown and Oola provide the opposition for Rounds 4 & 5 respectively with a bye in Round 6. The remaining three games will be crucial with our boys in blue playing Fr Casey's, Monaleen and St Patrick's respectively.

Now changing from the big ball to the small ball. Our Minor Hurlers open with a testing challenge against Kileedy, on March 19th in the County Minor 12 aside Hurling Competition. Rounds 2 & 3 will be testing battles against Knockainey and Na Piarasigh. We then go on to play close neighbours Askeaton in Round 4 followed by encounters against Caherline and Bruree in Rounds 5 & 6. We are scheduled to play Feohanagh, Old Christian's and Templeglantine in our remaining three fixtures.

The County U21 12 aside Hurling Competition, opens with St Mary's playing Glenroe on February 26th. This is followed with encounters against Monaleen, Knockainey, Castletown / Ballyagran with our final group match against Feenagh / Kilmeedy. Best of luck to all of our teams above.

Limerick GAA Clubs Draw launched.

Mary Liston, Pat Sheahan & Pat Liston represented the club at the launch of the Limerick GAA Clubs in the Woodlands House Hotel on Friday night last. The draw is the most important single source of income for the club. During the next few weeks, we will be calling to all houses in the parish seeking support for the draw. Cost remains the same as previous years, €100 in total for the ten monthly

draws. We are hopeful of your continued support. The club gets 50% commission for each member and if we can increase the numbers by a mere 30, we can get 60% commission for the extra members. Consider joining if you are not already in, the money is being put to good use, promoting the games and the club in general.

Trials for U17 Hurling County Development squad

We had a number of players at these trials last Saturday in UL. We wish Patrick Wilmott, Evan Lenihan, Emmet Walsh and Steve O'Reilly well.

Inter-divisional Championship – Senior Hurling

The fixtures have been made for this. With only Western Gales and Southern Emmet's in contention, it was decided to play them off over 2 games. The first game is in Newcastle West on Sunday 19th Feb at 2pm and the 2nd game is on in Kilmallock on Sunday 26th Feb at 2pm. We have 2 players attending trials and challenge matches at the moment. Best wishes to both Shane Hourigan and Mark O'Sullivan.

U21 Hurling Championship

The secretary received fixtures for the Premier grade U21 competition which begins on 28th Feb. Due to lack of numbers we are not involved and are playing instead in the 12-a-side competition. Players are advised that under the new county bye-laws, this frees them to play in the 15-a-side competitions with any other club in the County if they wish to do so while continuing to represent your own club in the 12-a-side competition. Clubs involved in the premier grade are as follows: Na Piarasigh, Ballybrown, Patrickswell, Mungret, Kilmallock, Doon, Adare & Deel Rangers.

Limerick Senior Footballers

Well done to the Limerick Senior Footballers who recorded their second win of the League campaign to maintain a 100% record last Sunday. It was great to see two of our own starting with both Eoghan O'Connor & Damien Quaid starting and both again contributing to the success handsomely. Limerick's next outing is away to Clare in Cusack Park, Ennis, on March 4th at 2.30pm.

Limerick Senior Hurlers

All eyes now turn to the senior hurlers who open their league campaign on Saturday 25th Feb against Clare in the Gaelic grounds.

Club Membership now due

All players are reminded that club membership for the 2012 season is now due. Rates for 2012 remain unchanged from last year and are as follows: Adult €20, Under-18 €10 and a family rate of €50. All players must pay their membership prior to taking part in any games or training. This will be strictly enforced this year so make sure you contact Philip O'Donnell, who is the club registrar again for 2012, before training commences.

Inter Club Table Quiz

Padraig Feehan, Donal Garvey, Sean Tadhg Garvey & Sean Garvey represented the club at last week's Quiz in Ahane Clubhouse. Winners on the night were Monaleen with a great score of 74 out of 80. Despite not making the winner's podium, I am reliably informed that an enjoyable night was had by our representatives.

Fitness training commences

Training continues every Monday & Wednesday in the Astro pitch in the soccer club for the next couple of weeks. All GAA players (both hurling & Football), from Minors upwards are encouraged to attend training at 8pm. There will be a cover charge of just €2 per night to cover the expense. The training to date has been very impressive with varied drills at each session. It's vital that all players attend to build the foundations for the year ahead.

Bord na nOg

With the new season quickly approaching it is very important that we

have a management team in place for each age group from U8 to U16.

While many people have generously volunteered to manage and coach teams we are still looking for people to manage our U16 football team. We are also looking for people to help with coaching U8 football, U10 hurling and U12 hurling. If you are willing to help, please contact Tom Keating or any officer of the Club.

U21 Football Final DVDs

A limited number of souvenir DVDs of the County U21-A football final are still available. The game between Sean Finns and Shamrocks was played in Ballyagran on St Stephen's day. They are great value at only €10 each. Please contact club secretary Pat Sheahan if you wish to purchase a copy.

Souvenir DVD

As shown at the recent Victory Dinner Dance, this beautiful DVD shows snipes from various matches during the year and some tremendous action and supporters photographs. Copies are available at just €5 each. Contact Mary Liston if you want a copy. It would be a nice memento of the great year that 2011 was for the club.

Club School Liaison Coach

Following on from the very successful club school link programme during 2011 the Development Games Committee is delighted to introduce this scheme again for 2012. Both clubs and schools received huge benefits from the scheme and they hope that all clubs will look at putting their own coach into their local primary school.

The main aim of this initiative is to assist clubs in making links with their schools, provide continuous coaching to the school and it is also an opportunity for the club to recruit new players.

For a club to achieve benefit from this initiative there has to be a minimum of 15 weeks coaching in the schools. Some clubs have already begun their new scheme and any club wishing to start this project should begin the process immediately.

In order to achieve the 15 weeks coaching it is vital that the coaching begins in the schools no later than week beginning Monday February

27th 2012. The 15 week programme will be completed by Friday June 22nd.

To tie in with this we are looking for our own Club School Liaison Coach. The Roles and Responsibilities are as follows:

- Available to coach from Monday 27th February - Friday June 22nd (15 Weeks)
- Demonstrate a passion for Gaelic Games
- Ability to organise & coach activities
- Complete a training programme as outlined by the coaching and games committee
- Availability for school blitzes and/or skill award days that will be organised by the coaching & games staff
- Please note that a Garda vetting form must be completed

If you are interested in applying for the role please contact Pat Sheahan, Tom Keating or Dave Gilbourne where full details & application forms will be provided.

Award One Courses Places still available

As you may be aware the Limerick Coaching & Games Committee are holding a Number of Award One coaching courses over the next two Months. They have almost completed their first Award One coaching course of the year in Patrickswell, where the Child course is almost complete to a group of coaches who are currently working with children's teams in their club.

There are still places available on the remaining courses and if we have any interested coaches in our club wishing to attend any of these courses please contact Pat Sheahan or Dave Gilbourne.

Award One Courses

The next Award One Youth Courses will be held in the following venues:

1. UL North Campus, (Fri 17th February, Fri 24th February, Fri 2nd March, Fri 9th March, Fri 16th March)
2. Newcastle West GAA (Mon 27th February, Sat 3rd March, Mon 5th March, Sat 10th March, Mon 12th March)

3. Bruff GAA

(Fri 23rd March, Sat 24th March, Mon 26th March, Fri 30th March, Mon 2nd April)

Note: Participants interested in attending the youth course in UL should contact us by this Wednesday 15th February

The next Award One Child Course will be held the following venue:

1. Cappamore Sports Hall

(Tues 21st February, Sat 25th February, Tues 28th February, Sat 3rd March, Tues 6th March)

Booking is essential as there are only a limited number of places available (25-30 Max) on each course. If a course is full you will get a place on the next course.

Participants must have a foundation award course completed before they can apply for the Award One courses. Participants must attend the entire course to ensure certification at Award One Child or Youth Level. Please pass this information onto anyone you feel may be interested.

These are dual courses and the course fee is €50 per person.

Congratulations

Heartiest congratulations to Orla Harnett and Brian Duggan on their recent engagement. Ironically enough Brian proposed on the Monday after the Dinner Dance, he must have got excited at the sight of a full function room!

The Weekly Worthless Question

Answer to last week's question: Eoin Keating. Well done to all of you that got it right.

This week's question:

Question: In what year was the backdoor system introduced to the Hurling Championship?

Answer will be published in next week's notes, remember there is no prize it's just for the glory!

U14 Hurling Schools of Excellence

During last September/October, the County Board organised a very suc-

cessful U13 Hurling School of Excellence Programme where over 140 boys took part in 5 coaching sessions at divisional venues throughout the county.

This programme was organised by the Limerick County Board in conjunction with the County Coaching and Games Committee and the 4 Senior Divisional Boards.

The aim of the Schools of Excellence is to improve the skill level of our underage players and to allow them to develop their game at a higher level. This was an opportunity for your players to receive top quality coaching and advice from some of the best coaches within the county. We also wanted to prepare these players for the county U14 trials for 2012.

As a follow up to this programme the County Board are organising two further coaching sessions and a blitz day for each of these squads during the schools Mid Term Break next week. Each player that attended these schools of excellence last year is invited to attend his squad session as outlined in the table below:

Squad	Training Venue	Day/Date	Time	GDA/Contact
East Squad	UL All weather Pitches North Campus	Tues 14 th Feb	10:00am-11:30am	Sean Herbert
		Wed 15 th Feb	10:00am-11:30am	
City Squad	UL All weather Pitches North Campus	Tues 14 th Feb	1:30pm – 3:00pm.	Ger Downes
		Wed 15 th Feb	1:30pm – 3:00pm	
South Squad	Hospital Secondary School Field	Wed 15 th Feb	10:00am-11:30am	James Ryan
		Thur 16 th Feb	10:00am-11:30am	
West Squad	Mick Neville Park Rathkeale	Wed 15 th Feb	1:30pm – 3:00pm.	Ollie Coffey
		Thur 16 th Feb	1:30pm – 3:00pm.	

Community Games

Registration For Round 7 Wednesday 7th March

1. Primary School Choir {County Only} enter School Team Name. Maximum 20 Children.

2. Cross Country: U-9 - 300m county, U-11-600m County.

U-12 Mixed Distance Relay 400m / 600m. U-13 1200m. U-14 Distance Relay 600m / 800m. U-17 1000m, county.

3. Hurling U-11.